

Avocado and lime salsa

Delicious as a sauce for fish or chicken. Created by Wendy Taylor.

1 large avocado – diced into 1 cm pieces

1 lime peeled and cut into wedges, then diced into 1 cm pieces

sliced chilli – optional

2 tablespoons Lemon Myrtle Infused Macadamia oil

Mix together. Allow the flavours to develop for a couple of hours – if you can wait.