

Bircher Muesli

With thanks to Ian Oelrich for this yummy recipe

Serves 3

Ingredients

2 cups Natural Macadamia Muesli
1 cup Toasted Macadamia Muesli
1 ½ cups Yoghurt (Full cream tastes the best)
¼ cup Orange juice
1 grated Granny Smith apple

Method

Combine all ingredients together in a bowl at least one hour prior to eating. Should be moist but not runny.