

Martin's Perfect Breakfast (serves 2)

1 granny smith apple

1 sugar banana

1 orange

8 strawberries

4 tablespoons vanilla flavoured yoghurt

100gm Brookfarm Toasted Macadamia Muesli

Peel orange, halve strawberries, chop apple, orange and banana into bite size pieces and arrange into 2 bowls.

Cover each with 2 tablespoons yoghurt and ½ cup muesli

(50g serve)

Relax with your favourite newspaper, fresh brewed coffee and enjoy!!!